

O God, come to our aid. O Lord, make haste to help us. Glory be ...

**Holy Spirit come to us**, kindle in us the fire of your love. Holy Spirit come to us, Holy Spirit come to us.

### **The Imitation of Christ**

If you would be borne with, bear also with another. See how far you are yet from true charity and humility, which knows not how to be angry with anyone, or to have indignation about anyone but one's own self.

### **The Story of a Soul**

I did not always find it sweet and easy to practise charity, and I will tell you one of the many struggles I have had on that score. For a long time I had a neighbour during prayer who did nothing but rattle her rosary, or make some other slight noise the whole time. I may have been the only one to notice it, as I have very keen hearing, but I cannot tell you how tiring I found it. I felt tempted to turn my head and look at the culprit, to make her keep still; but I knew in my heart that it would be much better to endure patiently for the love of God, and at the same time avoid hurting another's feelings. Therefore I did not move, although sometimes bathed in perspiration, and unable to make anything but a prayer of endurance. I wanted to suffer peacefully and joyfully, at least in my inmost soul, and so tried to enjoy this tiresome little noise. Instead of ignoring it – which was impossible – I listened attentively, as though it were a beautiful concert, and my prayer, which was far from being the prayer of quiet, consisted in offering this concert to Our Lord.

**Christe lux mundi**, qui sequitur te, habebit lumen vitae, lumen vitae.  
(Christ light of the world, whoever follows you, has the light of life, light of life.)

(Silence)

### **Our Father**

#### **Intercessions**

Response: Kyrie, Kyrie, Eleison. Kyrie, Kyrie, Eleison

*(a time for brief spontaneous personal intercessions. Each intercession is followed by the Kyrie, sung by all.)*

#### **Concluding Prayer**

Father, in your wisdom you created us, by your providence you rule us; penetrate our inmost being with your holy light, so that our way of life may always be one of faithful service to you.

#### **Salve Regina**

Salve, Regina, Mater misericordiae  
vita, dulcedo, et spes nostra, salve  
ad te clamamus, exsules filii Evae  
ad te suspiramus, gementes et flentes  
in hac lacrimarum valle

Eia, ergo, advocata nostra,  
illos tuos misericordes oculos  
ad nos converte;  
et Iesum, benedictum fructum ventris tui,  
nobis post hoc exsilium ostende.  
O clemens, O pia, O dulcis Virgo Maria.

Hail, Queen, Mother merciful  
life, sweetness and hope of ours, hail  
to you we cry, exiles, children of Eve  
to you we sigh, mourning and weeping  
in this tearful valley

Quick, then, advocate of ours,  
those your merciful eyes  
to us turn  
and Jesus, blessed fruit of your womb,  
unto us, after this exile show.  
O clement, O loving, O sweet Virgin Mary.