

O God, come to our aid. O Lord, make haste to help us. Glory be ...

**Holy Spirit come to us**, kindle in us the fire of your love. Holy Spirit come to us, Holy Spirit come to us.

### **Letters of Saint Thérèse**

"Our Lord never asks of us any sacrifice above our strength. Sometimes, in truth, the Divine Master makes us taste the full bitterness of the chalice which He presents to our soul. When He asks the sacrifice of everything most dear to us in this world, it is impossible unless by a very special grace, not to cry out as He did during this agony in the Garden: "My Father, let this chalice pass from me..." But let us also hasten to add: "Nevertheless not as I will but as You will." It is very consoling to think that Jesus - Divine Strength itself - has experienced all our weakness, that He trembled at the sight of the bitter chalice, the chalice He had longed for so ardently."

Your lot is indeed a beautiful one, since Our Lord has chosen it for you, and has first touched with His own lips the cup which He holds out to yours. A Saint has said: "The greatest honour God can bestow upon a soul is not to give to it great things, but to ask of it great things." ... Was it not by suffering and death that He ransomed the world?

(silence)

✠ O Christ, son of the living God, have mercy on us, have mercy on us. *Repeat* ✠  
✠ You were wounded because of our sins. ✠ Glory be. ✠.

### **Matthew 26: 39 – 42**

Jesus fell on his face and prayed. "My Father," he said, "if it is possible, let this cup pass me by. Nevertheless, let it be as you, not I, would have it." He came back to the disciples and found them sleeping, and he said to Peter, "So you had not the strength to stay awake with me for one hour? Stay awake, and pray not to be put to the test. The spirit is willing enough, but human nature is weak." Again, a second time, he went away and prayed: "My Father," he said, "if this cup cannot pass by, but I must drink it, your will be done!"

**Stay with me**, remain here with me. Watch and pray, watch and pray.

(Silence)

### **Our Father**

#### **Intercessions**

Response: Kyrie, Kyrie, Eleison. Kyrie, Kyrie, Eleison

*(a time for brief spontaneous personal intercessions. Each intercession is followed by the Kyrie which is sung by all.)*

#### **Concluding Prayer**

Jesus our peace, even when you were overwhelmed with trials, you did not threaten anyone, but you forgave. We too would like to be capable of forgiving, while remaining in great simplicity of heart.

### **Salve Regina**

Salve, Regina, Mater misericordiae  
vita, dulcedo, et spes nostra, salve  
ad te clamamus, exsules filii Evae  
ad te suspiramus, gementes et flentes  
in hac lacrimarum valle

Eia, ergo, advocata nostra,  
illos tuos misericordes oculos  
ad nos converte;  
et Iesum, benedictum fructum ventris tui,  
nobis post hoc exsilium ostende.  
O clemens, O pia, O dulcis Virgo Maria.

Hail, Queen, Mother merciful  
life, sweetness and hope of ours, hail  
to you we cry, exiles, children of Eve  
to you we sigh, mourning and weeping  
in this tearful valley

Quick, then, advocate of ours,  
those your merciful eyes  
to us turn  
and Jesus, blessed fruit of your womb,  
unto us, after this exile show.  
O clement, O loving, O sweet Virgin Mary.