

O God, come to our aid. O Lord, make haste to help us. Glory be ...

Psalm 50

Listen, my people, and I will speak; Israel, I will testify against you.
I am God, your God.

I will not reproach you with your sacrifices,
for your burnt offerings are always before me.
But I will not accept calves from your houses,
nor goats from your flocks.

For all the beasts of the forests are mine,
and in the hills, a thousand animals.
All the birds of the air – I know them.
Whatever moves in the fields – it is mine.

If I am hungry, I will not tell you;
for the whole world is mine, and all that is in it.
Am I to eat the flesh of bulls,
or drink the blood of goats?

Offer a sacrifice to God – a sacrifice of praise;
to the Most High, fulfil your vows.
Then you may call upon me in the time of trouble:
I will rescue you, and you will honour me.

The Imitation of Christ

O infinite love, singularly bestowed on man! But what return shall I make to the Lord for this grace, and for so extraordinary a charity?
There is nothing that I can give Him that will please Him better, than if I give up my heart entirely to God, and unite it closely to Him. Then all that is within me shall rejoice exceedingly, when my soul shall be perfectly united to my God: then will he say to me: If you would be with me, I will be with you. And I will answer Him: Vouchsafe, O Lord, to remain with me, and I will willingly be with you. This is my whole desire, that my heart may be united to you.

The Story of a Soul

*If I should be hungry, I would not tell you: for the world is mine, and the fullness thereof. Shall I eat the flesh of bullocks? Or shall I drink the blood of goats?
Offer to God the sacrifice of praise: and pay your vows to the most High (Ps 50).*

That is all Our Lord asks of us. He has no need of our works, but only of our love. The same God who declares that he has no need to tell us if He is hungry, deigned to beg a little water from the Samaritan woman. ... He was thirsty! But when he said: *Give me to drink* (John iv, 7), the Creator of the universe was asking for the love of His poor creature; He thirsted for love.
To this day our Lord still thirsts. He meets with indifference and ingratitude from his disciples in the world, and even among his chosen disciples he finds very few willing to give themselves up whole-heartedly to the designs of His love.

Jesus, your Spirit in us is a wellspring of live everlasting.

(Silence)

Our Father

Intercessions

Response: Kyrie, Kyrie, Eleison. Kyrie, Kyrie, Eleison

(a time for brief spontaneous personal intercessions. Each intercession is followed by the Kyrie, sung by all.)

Concluding Prayer

Jesus our joy, the simple desire for your presence is already the beginning of faith. And, in our life, the hidden event of a longing causes wellsprings to gush forth: kindness, generosity, and also that inner harmony which comes from the Holy Spirit dwelling in us.

Salve Regina

Salve, Regina, Mater misericordiae
vita, dulcedo, et spes nostra, salve
ad te clamamus, exsules filii Evae
ad te suspiramus, gementes et flentes
in hac lacrimarum valle

Eia, ergo, advocata nostra,
illos tuos misericordes oculos
ad nos converte;
et Iesum, benedictum fructum ventris tui,
nobis post hoc exsilium ostende.
O clemens, O pia, O dulcis Virgo Maria.

Hail, Queen, Mother merciful
life, sweetness and hope of ours, hail
to you we cry, exiles, children of Eve
to you we sigh, mourning and weeping
in this tearful valley

Quick, then, advocate of ours,
those your merciful eyes
to us turn
and Jesus, blessed fruit of your womb,
unto us, after this exile show.
O clement, O loving, O sweet Virgin Mary.